



MINISTRY OF SPORT OF THE RUSSIAN FEDERATION

**FEDERAL STATE BUDGETARY EDUCATIONAL INSTITUTION OF HIGHER
EDUCATION**

**«VOLGA REGION STATE UNIVERSITY OF PHYSICAL CULTURE, SPORTS AND
TOURISM»**

EDUCATIONAL INSTITUTION

"BELARUSIAN STATE UNIVERSITY OF PHYSICAL CULTURE"

AZERBAIJAN STATE ACADEMY OF PHYSICAL EDUCATION AND SPORTS

**VOLGA REGION SCIENTIFIC CENTER FOR PHYSICAL EDUCATION AND SPORTS OF
THE RUSSIAN ACADEMY OF EDUCATION**

INFORMATION LETTER

Dear Colleagues!

We invite you to take part in the **III All-Russian Scientific and Practical Conference with international participation "The state, problems and ways to improve sports and health training in aquatic sports"**, which will be held within the Decade of Science and Technology in the Russian Federation, the Year of Scientific and Technological Development in the Republic of Tatarstan and timed to the 50th anniversary of Volga Region State University of Physical Culture, Sports and Tourism.

The conference is included in the plan of scientific congresses and conferences of the Ministry of Sport of the Russian Federation in 2024, approved by the order of the Ministry of Sport of Russia from 28.12.2023 № 1118

The aim of the conference: exchange of scientific and practical experience for further improvement of the system of athletes' training in swimming, aquatic sports and optimisation of physical culture and recreational activities with different age and social groups of the population.

The conference invites: domestic and foreign scientists; specialists of physical culture and sports, coaches; heads and specialists of physical culture and sports management bodies, representatives of sports institutions and public organisations; researchers, professors and teaching staff, postgraduates and students of higher educational institutions.

GENERAL INFORMATION

- **Date of the event:** 3 May 2024
- **Venue:** Republic of Tatarstan, Kazan, Universiade Village, building 35, Training and Laboratory Building of the Volga Region State University of Physical Culture, Sports and Tourism
- **Contacts:** e-mail: konfvvs@yandex.ru, tel.: 8-927-454-95-62 (Elena Zolotova).

**APPLICATIONS FOR PARTICIPATION IN THE CONFERENCE AND MATERIALS FOR
PUBLICATION WILL BE ACCEPTED UNTIL APRIL 20, 2024.**

Following the results of the conference it is planned **FREE** publication of the electronic collection of materials with placement in the RSCI database and on the website of the Volga Region State University of Physical Culture, Sports and Tourism.

MAIN AREAS OF WORK OF THE CONFERENCE

- Problems of sports reserve training in water sports (theoretical-methodological, psychological-pedagogical, medical-biological, biomechanical aspects);
- Hydorehabilitation and Paralympic swimming;
- Recreational technologies in aquatic sports;
- Swimming training issues;
- Training in aquatic sports;
- Organisation of refereeing in water sports;
- Topical problems and prospects of student sports development.

CONFERENCE FORMAT

The conference will be held in a mixed format: face-to-face and online (on the Pruffme platform). Participation in the conference is **FREE** of charge.

CONDITIONS OF PARTICIPATION IN THE CONFERENCE

1. Participants of the conference send to the Organising Committee by e-mail konfvvs@yandex.ru **till 20 April 2024:**
2. Application for participation in the conference (application form in Appendix No.1).
3. An article designed according to the requirements for publication. The originality of the text should be **at least 60%**.

After receiving the application and article, the Organising Committee confirms their acceptance by e-mail within 3 working days. Materials of articles that do not meet the subject and/or design requirements, as well as those with text originality of less than 60% **will not be accepted for publication.**

**MATERIALS ARE PUBLISHED IN THE AUTHOR'S EDITION.
THE AUTHOR IS RESPONSIBLE FOR THE AUTHENTICITY OF THE SUBMITTED MATERIALS.**

DESIGN REQUIREMENTS

- Volume 3-5 A4 pages.
- Editor MS Word for Windows- 95/97/2003 and above without hyphenation.
- Times New Roman font, font size - 14, single spacing.
- All margins - 20 mm; paragraph indent - 1.25 cm, text alignment to the width. Do not number the pages.
- Specify the article index UDC (available here: <https://teacode.com/online/udc/>).

Recommended structure of a scientific publication:

1. Short abstract of the article.
2. Key words.
3. Relevance.
4. Purpose of the study.
5. Research methods (materials and methods).
6. Results of the research and their discussion.
7. Conclusion (conclusions).
8. List of literature (in alphabetical order).

Works that are not prepared and sent in accordance with these rules, sent after the deadline, will not be accepted for printing.

SAMPLE DESIGN OF MATERIALS FOR PUBLICATION

UDC (font size 14 pt)

SELECTION IN SPORT SWIMMING AT THE INITIAL TRAINING STAGE

Ivanov I.A., Candidate of Pedagogical Sciences, Associate Professor,

Vasilieva I.O., Candidate of Pedagogical Sciences,

Vasyaev M.G., Student

Volga Region State University of Physical Culture, Sports and Tourism

Kazan, Russia

font size 12 pt

Annotation. Text text text text text text text text text. (5-7 lines, font size 12 pt)

Keywords. Text, text, text, text, text, text, text, text, text. (5-7 words separated by commas, font size 12 pt)

Relevance. Main text, font size 14 pt

- Italics or bold in the text
- Formatting of tables and figures:

Table 1 – Testing of physical fitness indicators of 7-10 years old children engaged in swimming

Indicators	Age	Paul	Beginning of the year $\bar{x} \pm M$	End of the year $\bar{x} \pm M$	n	T
Long jump from a standing position (cm)	7 – 8	Д	130,2±1,9	146,5±2,0	10	6
		М	134,1±1,6	145,3±1,8	15	4,6
	9 – 10	Д	129,5±3,9	140,0±3,7	10	1,9
		М	145,5±2,7	152,1±2,4	15	1,8
Spinal column flexibility (cm)	7 – 8	Д	5,5±0,9	7,4±1,1	10	1,3
		М	4,7±0,8	6,5±1,0	15	0,9
	9 – 10	Д	10,5±1,2	12,8±1,1	10	1,4
		М	5,4±0,8	7,5±0,9	15	1,4
Shoulder mobility (cm)	7 – 8	Д	44,5±4,1	39,0±4,4	10	0,9
		М	41,0±3,2	35,3±3,3	15	1,2

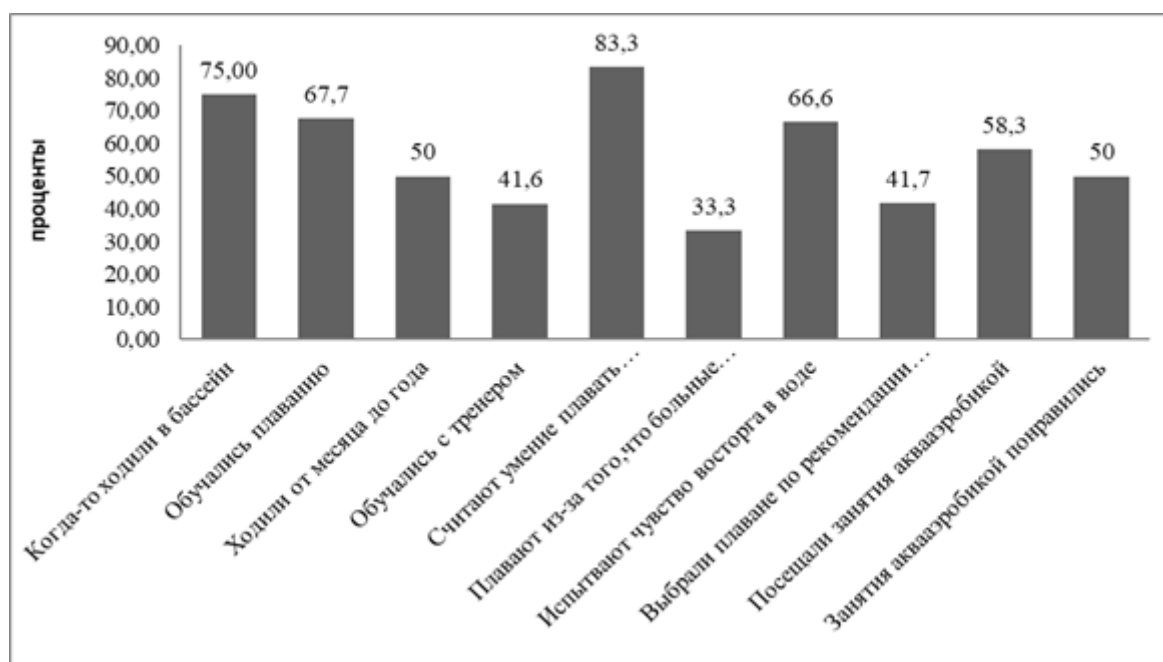


Figure 1 - Results of the questionnaire

- Tables, diagrams, figures should not exceed the specified margins (the font in tables and figures should not be less than 11 pt);
- All figures and tables in .pdf, .bmp, .jpg, .png formats;
- The bibliographic list of literature, the presence of which is mandatory, is given at the end of the article and is called the List of literature, is arranged in alphabetical order in full compliance with the new GOST R 7.0.100-2018, font size 12 pt;
- References to literature in the text are given by numbers corresponding to the author's number in the bibliographic list in square brackets.
- Example of a list of references:

List of references

1. Nikitushkin, V. G. Sport of highest achievements: theory and methodology: textbook / V. G. Nikitushkin, F. P. Suslov. - Moscow: Sport, 2018. - 320 c. - ISBN 978-5- 9500178-0-3. - Text: direct.
2. Gretsov, A.G. Methodological principles of anti-doping training for young athletes / A.G. Gretsov, S.A. Vorobyov. – Text: immediate // Theory and practice of physical culture. – 2018. – No. 3. – pp. 94-96.
3. Myakinchenko, E. B. Development of local muscular endurance in cyclic sports: a monograph / E. B. Myakinchenko. - Moscow: TVT Division, 2009. - 360 c. - ISBN 978-5-98724-010-6. - Text: direct.
4. eLibrary.Ru: scientific electronic library: site. - Moscow, 2000. - URL: <https://elibrary.ru> (accessed 07.11.2019). - Access mode: for registered users. - Text: electronic.