



VOLGA REGION STATE UNIVERSITY OF PHYSICAL CULTURE, SPORTS AND TOURISM

LEARN
TO WIN

Поволжский
государственный университет
физической культуры,
спорта и туризма

RUSSIA

Moscow



800 km

Kazan

Tatarstan is located in the very centre of the European part of Russia, at the crossroads of the most important trade land, air and water routes connecting Europe and Asia.



REPUBLIC OF TATARSTAN



1
of the fastest-
growing developing
Russian regions

population
4 001 941
people

> 173
nations
and nationalities



place in Russia
in terms of population **8th**



KAZAN

City with a population of one million

population

1 314 685

people



> 1000 years
of history

A modern, trendy and innovative
Megapolis



The largest economic, scientific,
educational, religious, cultural
and sports centre of Russia



MASSIVE EVENTS

Russia's largest music festivals, international sports forums and competitions are held annually. Kazan often becomes the centre of events on a global scale



**International
festival media
arts «NUR»**

WorldSkills
2019

2015 World
Aquatics
Championships

2018 FIFA
World Cup

International
economic Forum
«Russia – Islamic
World:
KazanForum»



SUSTAINABLE DEVELOPMENT

1974

Branch of Volgograd State
Institute of Physical Culture
in Kazan

1986

Branch of Volgograd State
Institute of Physical Culture
in Naberezhnye Chelny

1997

Kama State Institute
of Physical Culture

2008

Kama State Academy
of Physical Culture, Sports
and Tourism

2010

Volga state Academy
of Physical Culture culture,
sports and tourism

2021

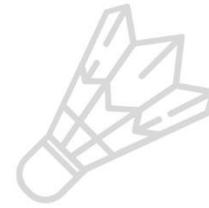
Volga Region State University
of Physical Culture, sports
and tourism

2024

**The University
50 years old**



UNIVERSITY FACILITIES

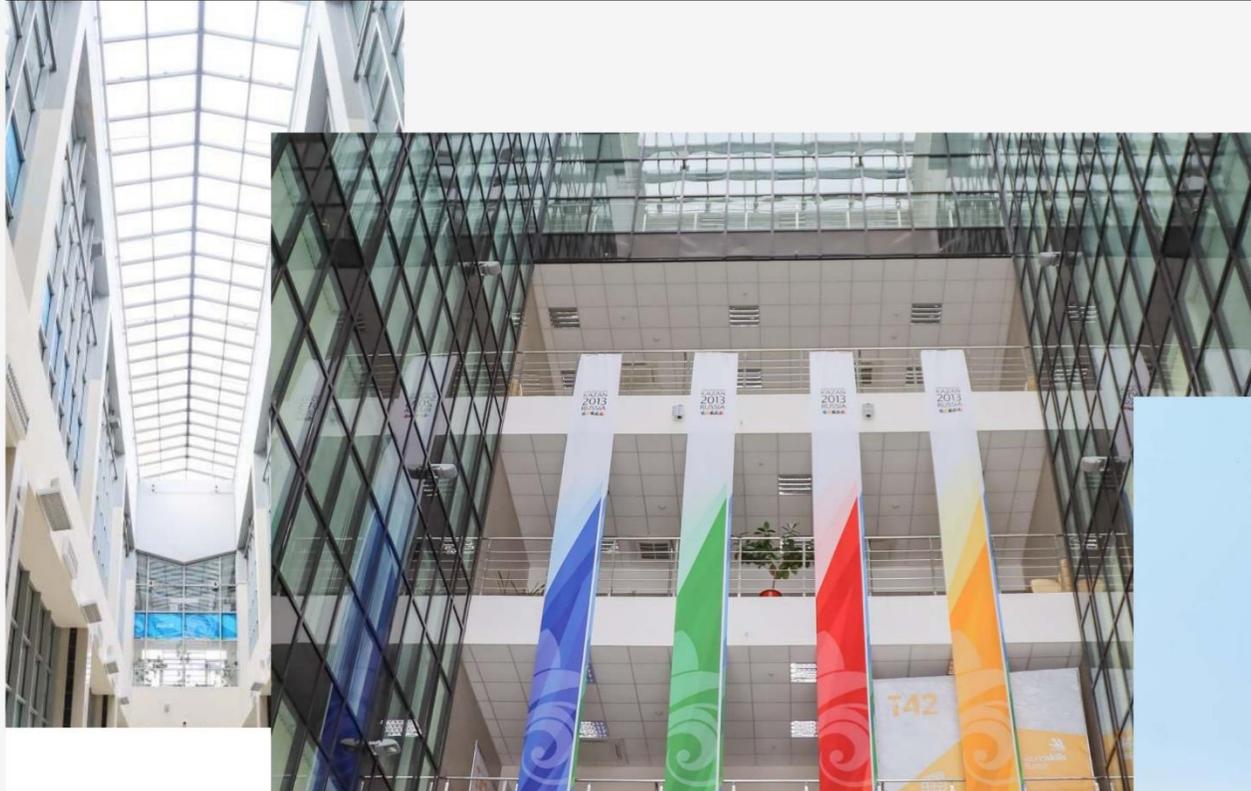


>300 000 m²

total area

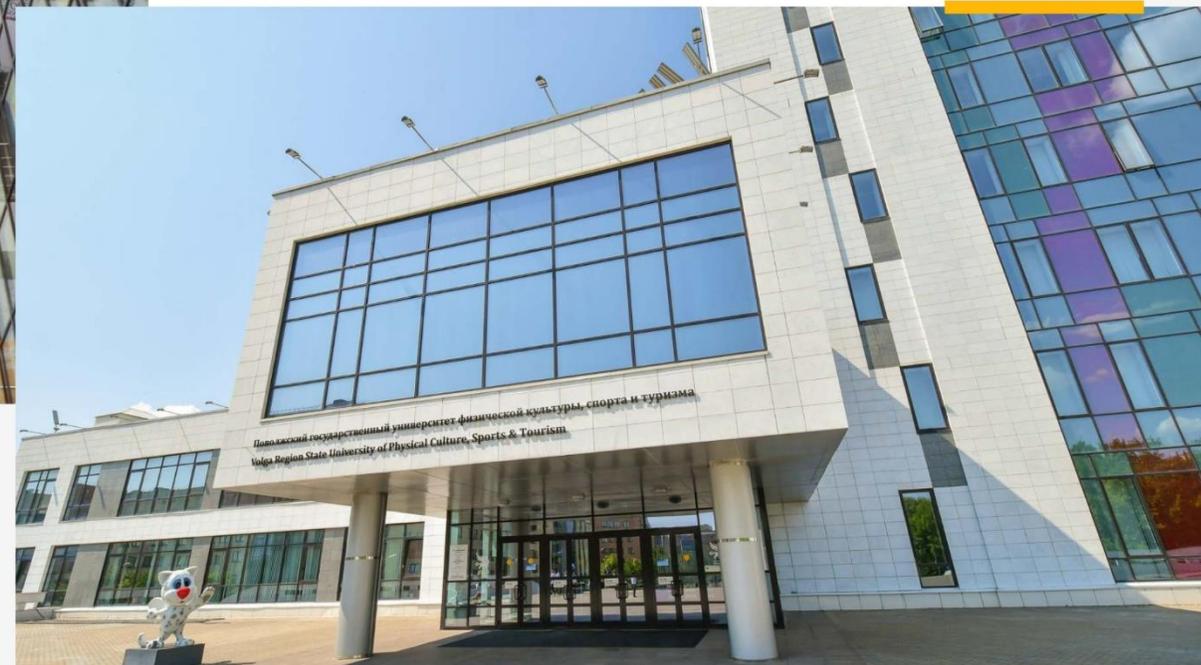


TRAINING AND LABORATORY BUILDING



The International Information Centre of the XXIII World University Games 2013 was located in the training and laboratory building. The second in history on the territory of Russia. The building was specially constructed as part of the preparations for the Games

The main building of the university is unique and is located on the territory of Russia's largest student campus – the Universiade Village



MODERN EQUIPMENT AND INFRASTRUCTURE



12 floors

50 study and lecture halls

Restaurant complex for **600 seats**



Cyber lounge

Library with **200 000** items

Sports halls

Co-working halls



UNIVERSIADE

VILLAGE

It's a whole city within a city. In addition to the new buildings, there are sports grounds, a mini-atelier, laundries and shops on the territory. You can organise your leisure time by joining a hobby club or by joining student life, which is full of activities

Modern rooms

Comfortable and safe environment

4000
campus beds



ROWING CENTRE



Federal Sports and Training Centre

One of the best in Russia, meeting the requirements of the International Canoe Federation and the International Rowing Federation..

2000m **6**

track length

race
tracks

119ha

water surface area



AQUATICS

PALACE

One of the largest indoor sports facilities in Russia. Russian and foreign athletes train here.

The main sports arena is four «bowls» that meet Olympic standards.

Set of towers and springboards

4200 spectators

Lifting bottom

44 000 m²
area



AQUATICS PALACE



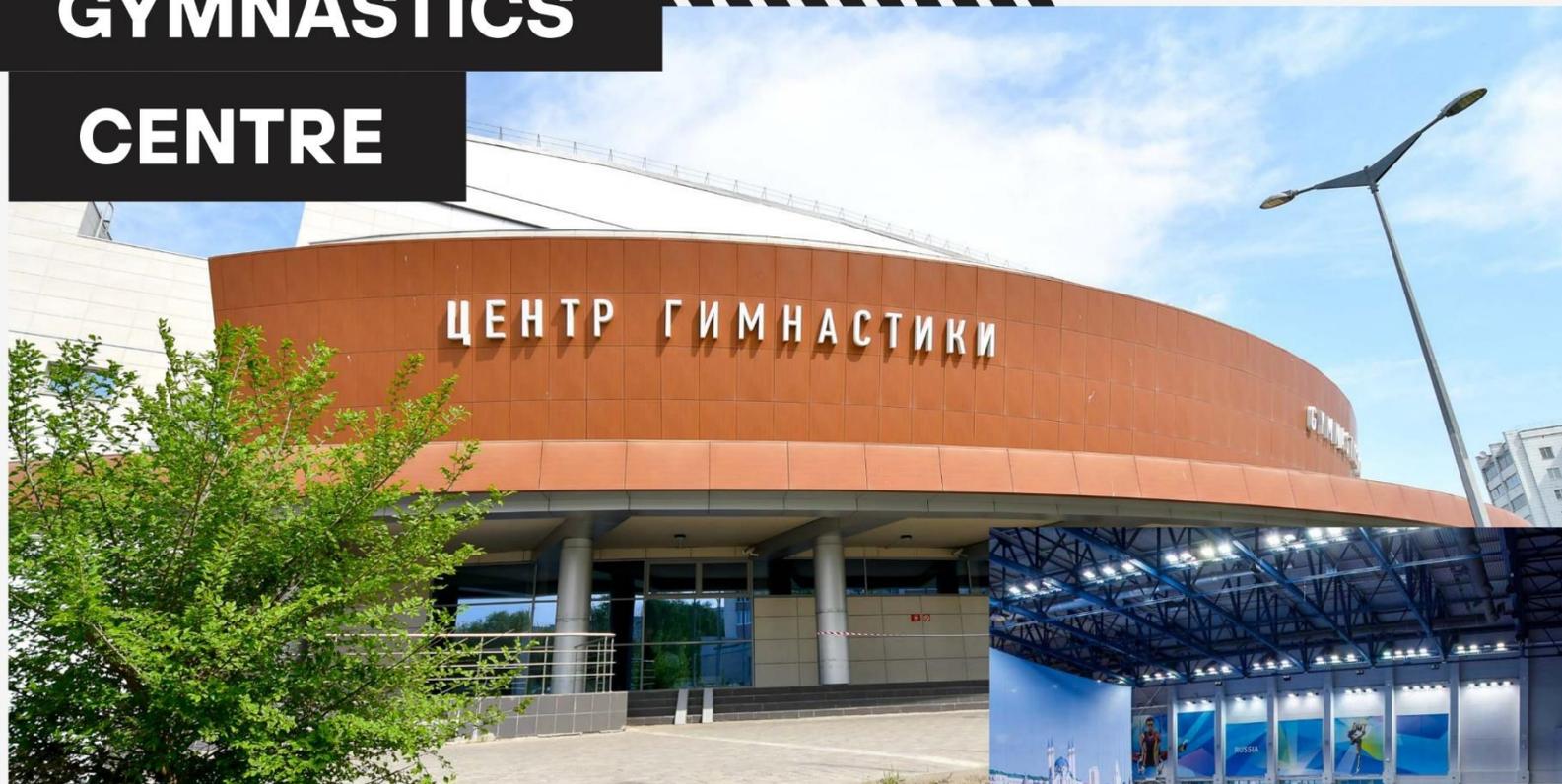
- Swimming World Cup Stage (2018, 2021)
- International diving competitions «Cup of the President of the Republic of Tatarstan» (2020, 2021)
- Diploma and special prize on behalf of the Sports Facilities Expert Council and the Ministry of Sport of the Russian Federation as the best swimming pool in Russia according to the results of 2014

- FINA Diving Grand Prix (2013)
- «Match of 4 countries» in diving (2013)
- World Water Polo League match «Russia» – «Serbia» (2014)
- 16th FINA World Aquatics Championships (2015)



GYMNASTICS

CENTRE



20 000 m²

facility area

3200 2

seats in the stands

training halls for rhythmic gymnastics

36

beds in a hotel for temporary accommodation

Sports hall for competitions

One of the largest gymnastics arenas in Europe. Multifunctional venues for training and competitions of any level under one roof.



INDOOR SWIMMING POOL

«BUREVESTNIK»

The facility was built in accordance with the requirements of the International Swimming Federation (FINA) and the European Aquatics League (LEN) to host competitions in short course swimming, water polo and diving

1650

seats in the stands

8

treadmills

Multipurpose hall

Gym

Conference hall

52×25m

swimming pool area



«ZILANT»

ICE ARENA



The main site of the facility is the ice arena, which hosts city and All-Russian matches, mass skating and classes for adults and children



1000
seats in the
stands

Ice arena for
strength training

Choreography
Hall



UNIVERSITY TEAM

«WINGED LEOPARDS»



- **1st place** in the First All-Russian Ice Hockey Festival among Russian universities, Sochi, 2013
- **Winners** of the 2014 All-Russian Universiade of Students
- **Silver medallists** of the Russian Student Hockey League
- **Bronze medallists** of the Russian Student Hockey League
- **Champions** of the SHL Opening Cup, Nizhny Novgorod, 2019
- **Silver medallists** of the SHL Opening Cup, Dmitrov, 2021
- **Champions** of the SHL Opening Cup, St. Petersburg, 2022
- **Bronze medallists** of the Russian SHL Champions Cup, Sochi, 2022

TENNIS

ACADEMY

The largest modern tennis complex in Russia

Every year the Academy hosts the Kazan Kremlin Cup (ATP series), the Tatarstan Open Championship (ITF series), the Russian Tennis Championship, the Yeltsin Cup (youth competitions), as well as the Kazan Beach Tennis Grand Prix

13 outdoor
courts

8 indoor
courts

8 outdoor
dirt courts

6 outdoor
beach courts

Gym

Massage room



BADMINTON CENTER



Here is the Badminton Federation of the
Republic of Tatarstan

12

badminton
courts

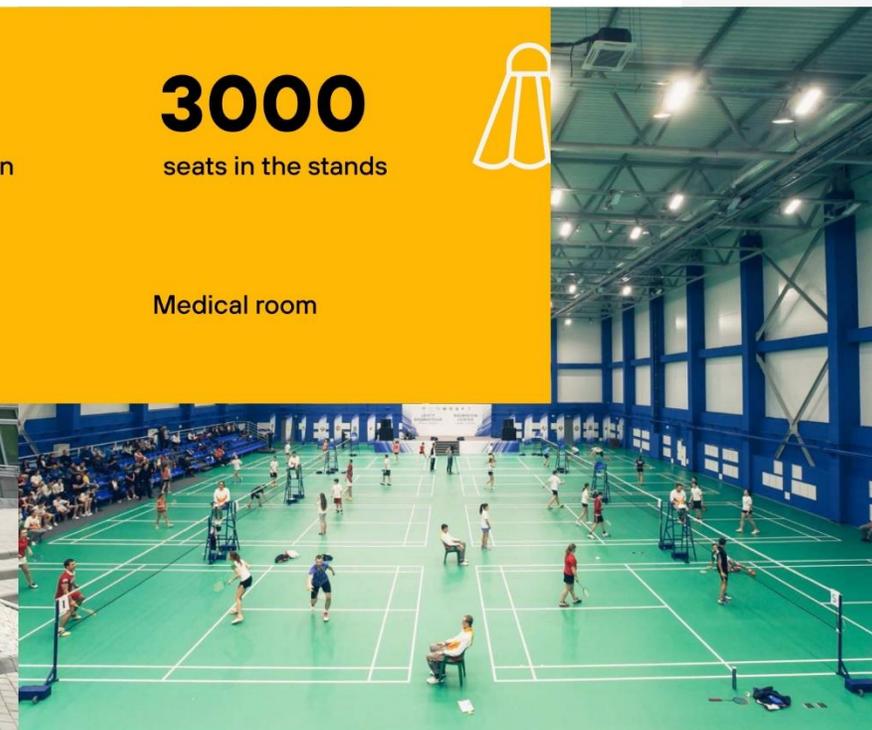
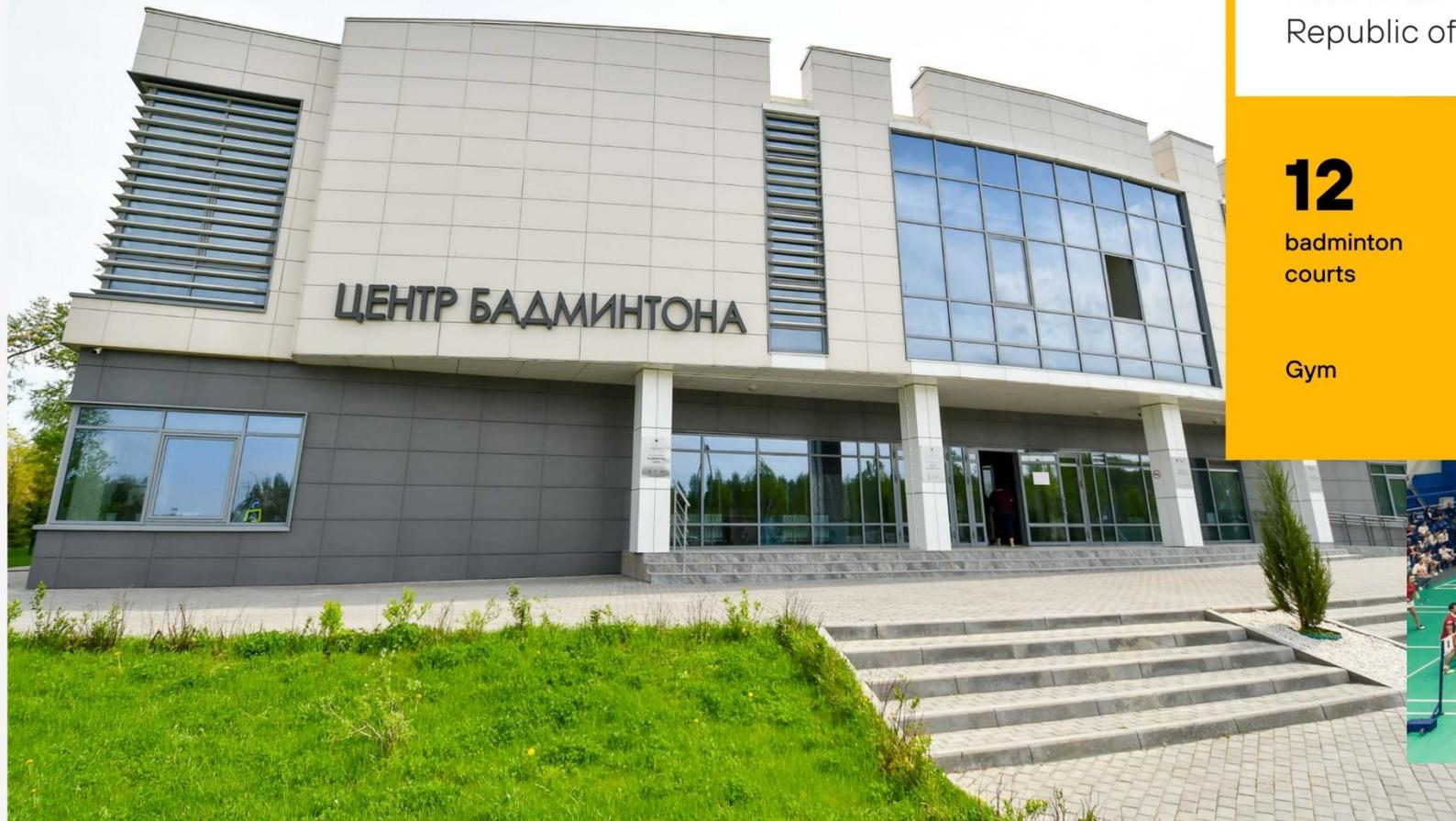
3000

seats in the stands



Gym

Medical room



TRAINING CENTRE - HOTEL «REGATA»

Permanent practical base for students of Service, Tourism and Hospitality Management

Hotel with two stars "Regata" is located on the shore of the lake Sredny Kaban in 15 minutes from the centre of Kazan and 20 minutes from the airport



94
rooms

Organization of nutritious meals

200
seats

Accommodation for non-resident and foreign participants

Conference hall

UNIVERSITY

ECOSYSTEM

Phased multi-level training of future specialists at the university:

Comprehensive sports school

College

Bachelor's degree

Master's degree

Postgraduate studies



SCIENTIFIC APPROACH TO SPORT



The Research Institute of Physical Culture and Sport at the Volga Region State University of Physical Culture, Sport and Tourism are professionals in the field of sports functional diagnostics, rehabilitation, biomechanics and biochemistry.

Laboratories:

29
researchers

**sports genetics
and molecular
physiology**

biochemical and
clinical diagnostic
tests

comprehensive
monitoring of
sports facilities,
equipment and
materials

sports statistics
and analytics

biomechanics
and physiology
of sport



ACHIEVING HIGH PERFORMANCE

WHILE MINIMISING RISKS TO ATHLETES' HEALTH

Main objectives and scientific directions

analytical
analyses for
sports teams

medical and
biological support
of athletes'
training process

in-depth and
current medical
examination
taking into
account sports
specialization

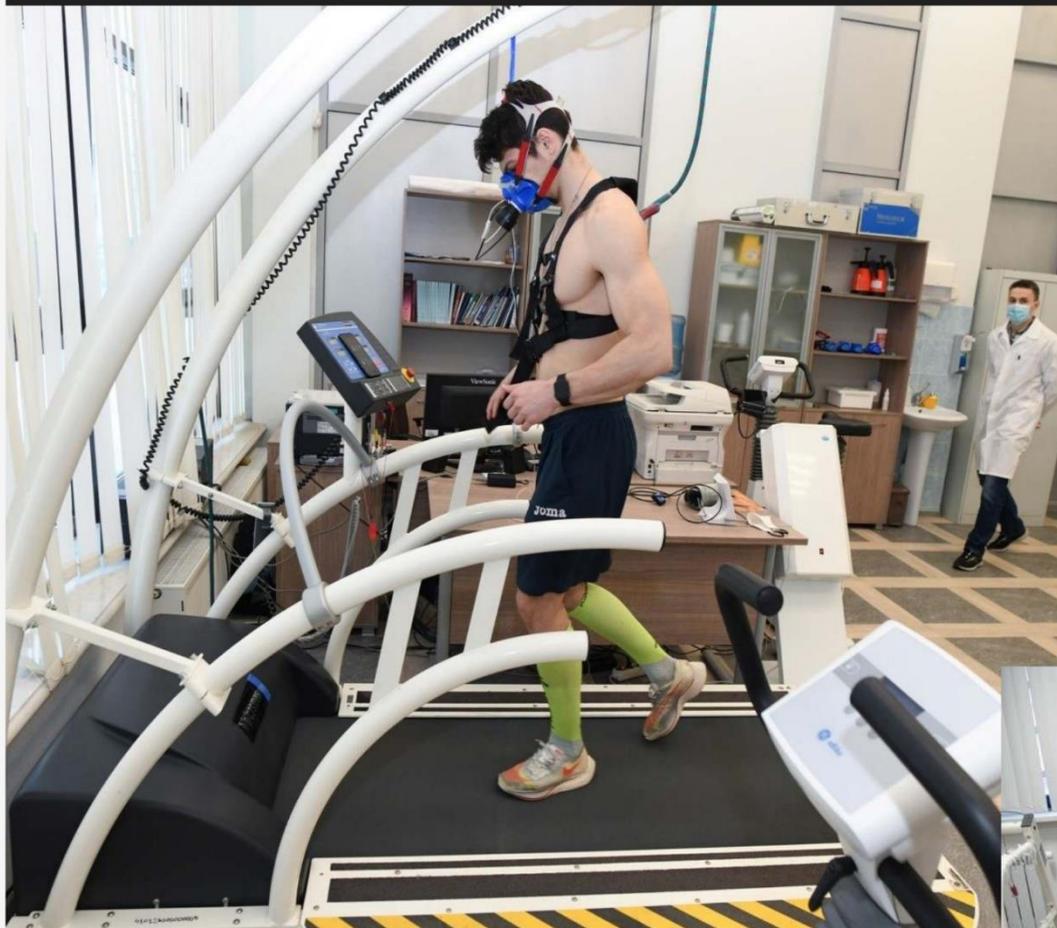
diagnostics of the
functional state
of athletes

recovery activities
as part of training
camps support

therapeutic
and preventive
measures for
musculoskeletal
injuries

rehabilitation after
traumas and
operations on the
musculoskeletal
system

genetic testing
(DNA test for sport
selection, etc.)



ACHIEVING HIGH PERFORMANCE

WHILE MINIMISING RISKS TO ATHLETES' HEALTH

Technology of functional testing of athletes' organism within the framework of scientific-methodological and medical-biological support of athletes' training:

general health
assessment

assessment of the
musculoskeletal and
movement control
system

physical
performance testing

psychophysiological
status study



INTERNATIONAL ACTIVITIES



86 foreign students are enrolled in the main educational programmes



Foreign students – representatives of 17 countries



In total, students from 45 countries and 78 regions of the Russian Federation have studied at the University and continue to study.



Among the teachers and researchers are representatives of 4 countries





INTERNATIONAL ACTIVITIES

In 2022, the University was the first higher education institution in the Republic of Tatarstan and sports universities in Russia to receive a silver certificate of the FISU Healthy Campus project, which confirms the availability and safety of services provided by the University

22 agreements
with foreign
organisations

11 partner
countries

Cooperation with 18
foreign universities
and associations



HEALTHY
CAMPUS



INTERNATIONAL ACTIVITIES



Key indicators for the realisation of international activities:



2.4% of university students are foreign citizens



Availability of foreign specialists working at the University on a permanent basis



Availability of a preparatory faculty and courses that provide training for future applicants



Conducting scientific research with foreign partners in the field of physical culture, sports and tourism



Availability and implementation of cooperation agreements with foreign organizations, as well as the university's membership in foreign associations of the CIS countries, BRICS, SCO



The University has the status of an active participant and organiser of international conferences, projects and cooperation, academic mobility



Grant and scholarship programmes, teacher internships under the Algarysh programme



University of Ljubljana



LE PANSE ACADEMY



ICSSPE



TRAINING IN ADDITIONAL LANGUAGE COURSES

A preparatory faculty has been created on the basis of the Institute of Further Education. Additional general education language courses have been developed under the program «Russian as a Foreign Language. Professional module: medicine, biology, physical education»



For 2023 Rossotrudnichestvo allocated **25 quota places** for students of preparatory language courses



SPORTS EVENTS

2021

FINA Swimming World Cup Stage

European Swimming Championships, CIS games

International Sports Forum «Russia is a Sports Power»

All-Russian Special Olympics competitions



**Solidarity
games**
KAZAN 2022

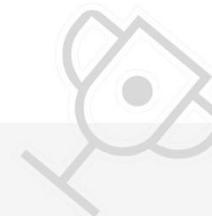


2022

Complex International competitions in aquatics «Friendship Games» (swimming, diving, synchronized swimming)

I All-Russian Summer Sports Games among the strongest athletes in 2022 (diving, rowing, artistic gymnastics, judo)

Russian championships in tennis, swimming, synchronised swimming, artistic gymnastics



SPORTS EVENTS

2023

United Special Olympics
Games

All-Russian swimming
competition in memory
of Dmitry Usov

Russian Championships
in artistic gymnastics and
swimming

International Fijital Football
Tournament



All-Russian Spartakiade
of school sports clubs for
students with disabilities and
disabled children

XIV Summer Sberbankiada

«Yoldiz cup» -
International rhythmic
gymnastics tournament
"Yoldiz cup"

Russian Badminton Cup, etc.

Russian Swimming
Cup Final



SPORTS ACHIEVEMENTS AND UNIVERSITY TEAMS



- The University is represented by 41 national teams in 32 sports (657 students)
- Student sports club «Winged Leopards» (more than 100 active participants)
- 3 teams take part in the major leagues of the All-Russian championships among men's teams (handball team «Zilant-Kazan», volleyball team «Academy-Kazan», basketball team «RPF - University of Sports»)
- VII All-Russian Winter Universiade 2022 – 3rd place – team competition among Russian universities, VIII All-Russian Summer Universiade 2022 – 2nd place – team competition among Russian universities



PRIORITY AREAS OF YOUTH POLICY

- Student associations: 17 associations, 500 activists
- Participation in spiritual and moral projects: Rospatriot (more than 500 participants), Russia - a country of opportunities (more than 400 participants), Tvoi Khod (more than 200 participants)



- Cultural and creative projects of the university: Regional ethnocultural student festival «Creativity of peace and harmony - ixat asha tynychlyk hem berdemlekkə» (2023: 195 applications from Tatarstan universities, more than 500 participants).
- Volunteer movement (more than 1000 participants)
- Humanitarian Aid Center (5 humanitarian aid vehicles for the Special Military Operation)

BECOME PART OF THE TEAM



MASTER'S DEGREE

- Institute of Sports
- Institute of Physical Education
- International Institute of Hotel Management and Tourism
- Institute of Correspondence Education

BACHELOR'S DEGREE

- Institute of Sports
- Institute of Physical Education
- International Institute of Hotel Management and Tourism
- Institute of Correspondence Education

COLLEGE

- Adaptive physical education
- Physical Education
- Hospitality

Contacts



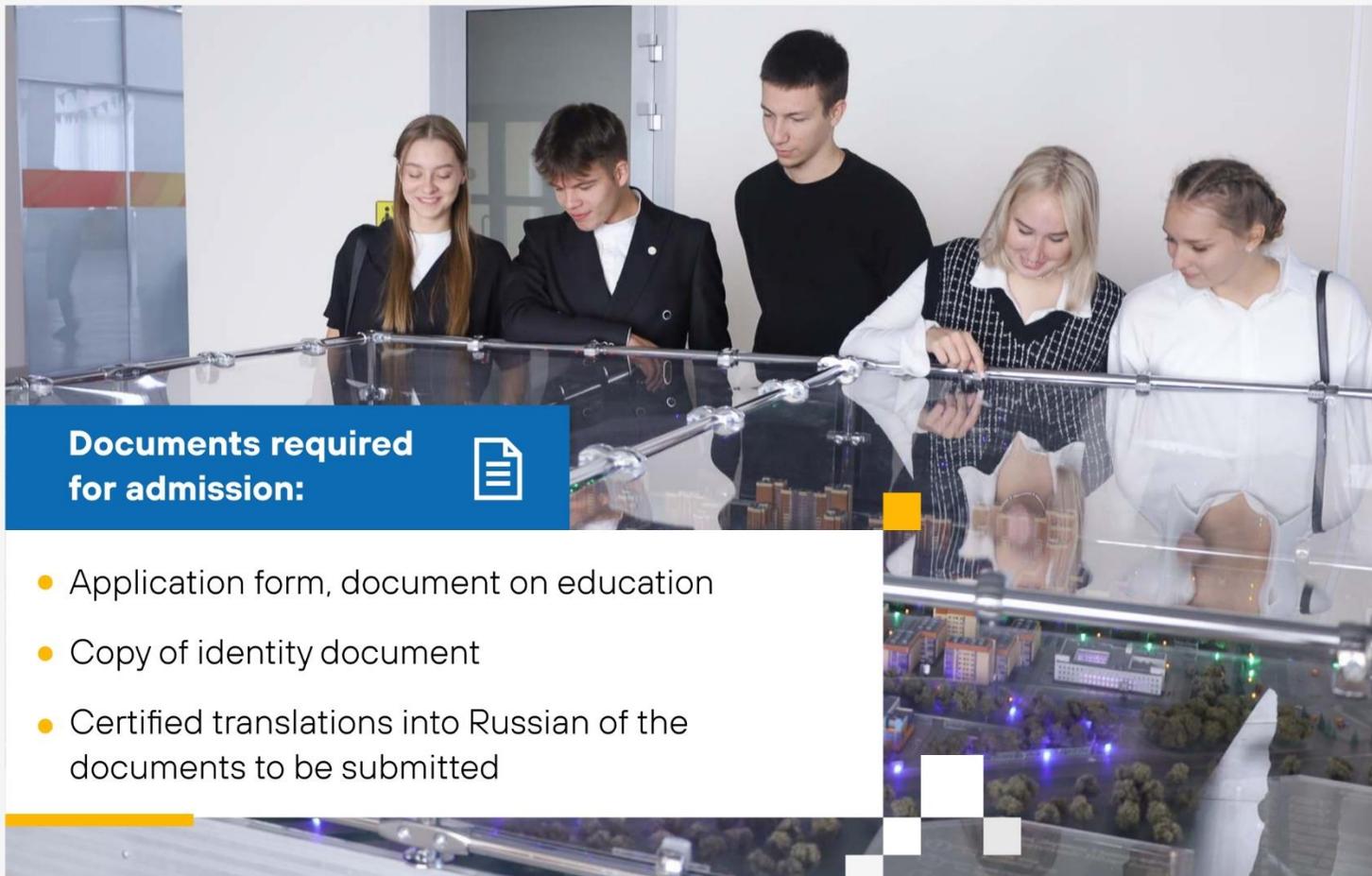
+7 843 294-90-90

+7 800 250-50-59



TRAINING FOR FOREIGN CITIZENS

It is possible to study in a distance format without entering the country



Documents required for admission:



- Application form, document on education
- Copy of identity document
- Certified translations into Russian of the documents to be submitted

Apply:

to the e-mail address of the Institute
of Further Education

sportacadem.cpk@mail.ru

Full information about the courses offered
is on the website of the Volga Region State
University of Physical Culture, Sports and
Tourism in the section «Institute of Further
Education»



FOR A FOREIGN STUDENT FOR ADMISSION

TO THE VOLGA STATE UNIVERSITY OF PHYSICAL CULTURE AND TOURISM

- 01** Decide on your direction of study – college, undergraduate, graduate, postgraduate
- 02** Prepare documents – school certificate, passport, photos, diplomas, translations of all documents into Russian, duly certified by a notary or consular department of the embassy
- 03** Those wishing to study under the quota of the Government of the Russian Federation must contact the representative office of Rossotrudnichestvo in their country
- 04** Download the application form for admission on the university website or at the Rossotrudnichestvo representative office, fill it out electronically, copies of the prepared documents and filling out the application electronically are sufficient.
- 05** Receive an invitation to study and apply for a visa. Apply for a student visa at the Russian embassy or consulate at your place of residence 45 days before arrival. Citizens of Kyrgyzstan, Kazakhstan, Armenia and other visa-free countries are allowed to stay in the country for 90 days using internal passports. After the expiration of this period, it is necessary to obtain a permit for a long stay in the country for study. First, a student visa to Russia for foreigners is issued for 3 months, and 30–40 days before the end, the visa must be extended by the Ministry of Internal Affairs of the Russian Federation for a year. If your visa expires, you may face a fine and deportation with a ban on entry into the country for 5 years.
- 06** Upon arrival at the university, provide original documents: passport, certificate, photo, diplomas and certificates of achievement
- 07** Go through the competitive selection process

